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Rayno Vic B. Janayon

Raphael A. Guerrero

Ateneo de Manila University, rguerrero@admu.edu.ph

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Janayon, R. V. B., & Guerrero, R. A. (2019). Laser Irradiation of Mung Bean (*Vigna radiata* L.) at Two Wavelengths for Enhanced Seedling Development. *International Journal of Optics*, 2019.

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Research Article

Laser Irradiation of Mung Bean (*Vigna radiata* L.) at Two Wavelengths for Enhanced Seedling Development

Rayno Vic B. Janayon ^{1,2} and Raphael A. Guerrero ¹

¹Department of Physics, School of Science and Engineering, Ateneo de Manila University, Loyola Heights, Quezon City, Philippines

²Physics Department, College of Natural Sciences and Mathematics, Mindanao State University, Marawi City, Philippines

Correspondence should be addressed to Raphael A. Guerrero; rguerrero@ateneo.edu

Received 27 May 2019; Revised 2 August 2019; Accepted 26 August 2019; Published 16 September 2019

Academic Editor: Giulio Cerullo

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Two laser sources operating at wavelengths of 632.8 nm (He-Ne) and 488 nm (Ar⁺) are used in examining the effects of coherent, low-power, continuous wave exposure on the development of *Vigna radiata* L. Presowing laser irradiation of seeds leads to an improvement of mung bean seedling characteristics, with increased values of hypocotyl length (an increase of up to 22.5%), root length (an increase of up to 28.8%), and seedling mass (a maximum increase of 29.2%). Measured parameters between seedlings from laser-irradiated seeds and from control samples are statistically different at a level of significance equal to 0.05. For both laser wavelengths, an optimal exposure time of 2 minutes is determined for enhanced growth of mung bean seedlings.

1. Introduction

Since the first demonstration of laser action in 1960 by Theodore H. Maiman [1], lasers have been used in numerous scientific, military, and industrial applications. In agriculture, lasers have been applied as biostimulators since this biophysical method does not change the course of physiological processes controlled by genetic systems [2]. Low-intensity laser light has been employed to provide biostimulation for seeds such as soybean, maize, and peas, leading to an increase in germination percentage, weight, and yield [3, 4]. As a physical method to improve sowing material, laser irradiation is considered safe for the environment [5]. Compared to other methods available for presowing treatment of seeds, laser-based methods are beneficial and cost-effective [6] and may even reduce the danger of soil and water contamination [7].

The stimulating effect of laser irradiation originates from the interaction between polarized light and plant photoreceptors [8]. Photoreceptors present in plants include phytochromes for sensing red/far-red light, the UV-B photoreceptor UVR8 (UV Resistance Locus 8), blue light-

sensing cryptochromes, phototropins, and Zeitzlupe family members [9]. These photoreceptors absorb light [10], with their specific absorption properties matching the spectrum of incident radiation [11].

Many studies have previously reported the effects of laser irradiation on seed vigor, seed germination, and seedling development. The absorbed energy from laser light activates physiological and biochemical processes within seeds due to the conversion of light energy into chemical energy [12]. Laser irradiation significantly influenced germination and development of faba bean seeds by increasing enzyme activity, resulting in the earlier maturity of plants [13]. Presowing treatment with a He-Ne laser improved the rate of germination and morphological characteristics of peas [14], enhanced the final germination percentage of radish seeds [15], and increased the amylolytic enzyme activity, number of free radicals, and indole-3-acetic acid (IAA) content in seeds and seedlings of white lupine and faba bean [16]. He-Ne irradiation has also protected soybean stands from fungi [17] and has led to better resistance to cold and earlier plant maturity of maize, spring wheat, spring barley, and sugar beet seedlings [18]. Mung bean (*Vigna radiata* L.) under Ar⁺

laser exposure manifested an increase in fresh and dry weights, as well as in RNA, DNA, and protein content [19].

Mung bean is among the most important pulse crops in South, East, and Southeast Asia, which accounts for 90% of the global production. This leguminous crop is a significant source of protein, carbohydrates, and a range of macronutrients [20]. Grown because of its high nitrogen content, mung bean serves as a source of protein found in a typical Southeast Asian diet [21].

In 2016, the Philippine production of mung bean yielded only 34,039 metric tons (MT) and an almost equivalent amount of 31,232 MT had to be imported to meet the annual domestic requirement of about 65,000 MT [22]. One of the reasons behind low mung bean production is a shortage of quality seeds of improved and adaptable varieties [23]. As the primary motivation of this current paper, we believe that the agricultural productivity of mung bean may be increased through a presowing treatment based on laser irradiation. Low-dose laser treatment of plants is known to enhance the bioenergetic potential of cells and accompanying biochemical and physiological processes [24]. Our experimental design makes use of two readily available laser wavelengths for the irradiation process. Hypocotyl length, root length, and increase in mass are the parameters examined for mung bean seedlings. To the best of our knowledge and based on extensive reviews of scientific literature by Hernandez-Aguilar et al. in 2010 and 2016 [12, 25], where they proposed the use of lasers in agriculture with different purposes including the improvement of physiological quality, we are the first to report the effects of laser exposure (at 632.8 nm and 488 nm) on these plant characteristics for *Vigna radiata* L.

2. Materials and Methods

Our experiments consist of two main components. A standard protocol was followed in preparing the mung bean samples for laser irradiation. Treatment with coherent radiation was then performed with conventional turnkey laser sources and standard optical elements. Seedling mass and hypocotyl and root lengths were measured, and the appropriate statistical analysis was applied. Details of each experimental aspect are provided below. A randomized complete block design was used in this study [26].

2.1. Seed Preparation and Germination. Mung bean seeds were sourced from a local supermarket in Quezon City, Philippines. Before preparing the samples for laser treatment, the reflectance spectra of representative mung bean seeds were obtained using an Ocean Optics USB2000 spectrometer and a Mikropack DH-2000 broadband light source. The seeds were then washed with distilled water and soaked in water for 24 h [27]. The seeds were soaked in water to promote germination and to facilitate the removal of seed coats. Prior to laser irradiation, the seed coats were removed using tweezers. The seed coat removal made the plant emergence faster and increased the root dry weight of citrus rootstocks [28]. In addition, the removal of seed coats

significantly enhanced the germination percentage of *Prunus yedoensis* [29] and mango varieties [30]. After exposure to laser light, each batch of seeds was allowed to germinate in a Petri dish lined with clean tissue paper. Ten seeds were placed in each container. The Petri dishes were placed under darkroom conditions in a custom chamber measuring 63 cm × 54 cm × 42 cm. Temperature inside the chamber was maintained at 24°C and relative humidity at 80%. Our measured relative humidity during germination was within the range of 70% [31, 32] and 90% [33], which is similar to that reported in other studies on the laser irradiation of seeds. During germination, the seeds were sprinkled daily with 2 ml of water using a syringe.

2.2. Laser Treatment. Seed irradiation was performed with two laser sources. A 10 mW He-Ne laser (JDS Uniphase) was employed for exposure at $\lambda = 632.8$ nm, and a 30 mW Ar⁺ laser (Spectra-Physics) was used for illumination at $\lambda = 488$ nm. Neutral density filters were applied to generate an output power of 10 mW for the Ar⁺ laser. Salyaev et al. [34] and Gonzalez et al. [35] used a similar power rating to irradiate the mitochondria of maize seedlings and kudzu seeds, respectively. Figure 1 is a schematic diagram of the setup for subjecting mung bean seeds to laser light for both wavelengths. With each laser source, the beam was expanded with a lens ($f = 2.5$ cm) and an aperture. The light was redirected to the seeds with a mirror. Mung bean seeds were placed on clean tissue paper in a fixed position directly below the mirror for irradiation. The laser light illuminated the embryonic side of the seed [6, 26]. For each batch of exposed samples, 4 seeds were irradiated within the final beam diameter of 2 cm. In our experiments, six irradiation time intervals were applied: 0 s (control, no exposure), 30 s, 1 min, 2 min, 5 min, and 10 min. A digital stopwatch was used as a timer during exposition. The same exposure periods were applied in a related study according to Govil et al. [19].

2.3. Measurement of Seedling Characteristics. For each exposure time, we measured hypocotyl and root lengths for 100 mung bean seedlings after a germination period of 5 days. Chen and Han [36] followed a similar protocol for wheat seeds. Digital photographs of seedlings were recorded, and ImageJ v.1.51 h software [37] was used to determine plant dimensions.

The increase in seedling mass was determined after 12, 24, 48, 72, 96, and 120 h, as reported by Podleśny et al. [16] for both white lupine and faba bean. The masses were measured with a digital weighing scale (Pocket scale, MH-300) for three replicates of 30 randomly selected seedlings.

2.4. Statistical Analysis. Experimental results were subjected to an analysis of variance (ANOVA) [33], and a Tukey test [38] was applied to determine the significant differences among irradiation times. The tests were performed using the R software. Level of significance was tested at $p = 0.05$.

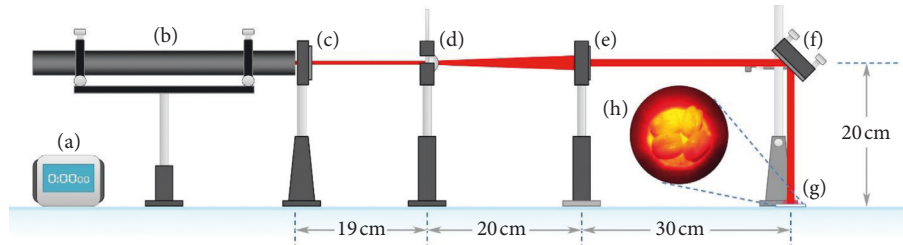


FIGURE 1: Optical system for laser irradiation of mung bean seeds: (a) digital stopwatch; (b) laser; (c) neutral density filter (used only for Ar⁺ laser); (d) lens; (e) aperture; (f) mirror; (g) mung bean seeds; (h) actual image of irradiated seeds.

3. Results and Discussion

The normalized spectra in Figure 2 indicate that the reflectance of mung bean seeds is higher at 632.8 nm than at 488 nm. Reflectance behavior for seeds with or without seed coats is similar at the two relevant laser wavelengths. Mung bean seeds exhibit a generally uniform maximum reflectance from 539 nm to 642 nm.

For both He-Ne and Ar⁺ sources, laser treatment of seeds had a pronounced effect on the early development of *Vigna radiata* L. Figure 3 plots the mean hypocotyl length and mean root length of 5-day-old mung bean seedlings for each exposure time at $\lambda = 632.8$ nm using the He-Ne laser. For untreated seeds, the average hypocotyl length is 95.4 mm. Hypocotyls of irradiated seeds are generally longer than those of the untreated samples, with an increase of 14% after only 30 s of exposure. Longer hypocotyls are obtained as exposure time is extended to 1 min, with an increase of 20.9%, and 2 min (22.5% increase). Mean length of the hypocotyl with a 2 min exposure increases to 116.9 mm. Enhancement of the hypocotyl length is reduced when applying exposure times beyond 2 min, with increases of only 19.8% and 5.9% for 5 and 10 min exposures, respectively.

Improvement in the root length of mung bean seedlings as a result of He-Ne laser irradiation was also observed. Untreated root length on average is 81.9 mm, with the value increasing to 90.8 (10.8% increase) and 105.5 mm (28.8% increase) for 1 and 2 min exposure intervals, respectively. As with hypocotyl length, enhancement of root length drops with exposure times longer than 2 min. The increase in length is 21.8% and 8.2%, respectively, for 5 and 10 min treatments.

Figure 4 illustrates how hypocotyl length and root length are also influenced by the illumination of mung bean seeds at the Ar⁺ laser wavelength of 488 nm. All seedlings from irradiated seeds have longer mean hypocotyl lengths than plants from unexposed samples. We note, however, that the improvement in length is reduced compared to the results obtained with the He-Ne laser. With a control hypocotyl length of 95.4 mm, exposure times of 30 s and 1 min result in increases of only 1.8% and 6.8%, respectively. The largest increase (15.9%) in this seedling parameter still occurs with an irradiation time of 2 min, with the average hypocotyl length of 110.6 mm. Average values decrease at 5 and 10 min exposure times, with increases of 11% and 5.3%, respectively.

In the absence of laser exposure, the mean root length is 81.9 mm, increasing slightly by 0.8% with 30 s of irradiation.

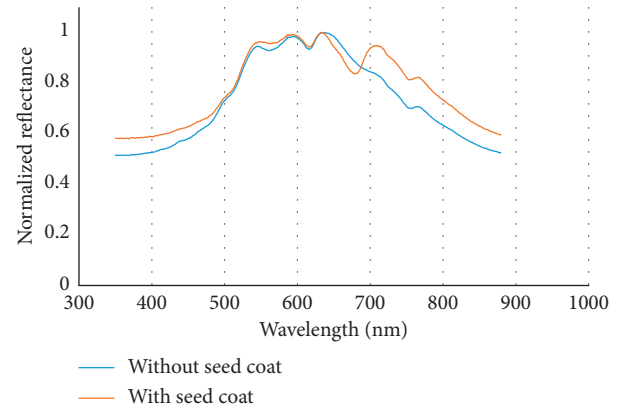


FIGURE 2: Normalized reflectance spectra for mung bean seeds.

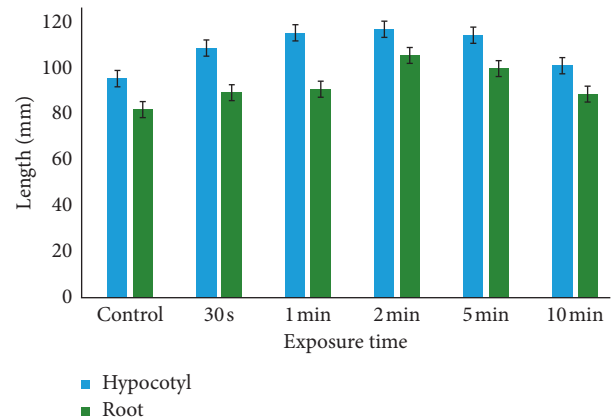


FIGURE 3: Effect of laser irradiation at $\lambda = 632.8$ nm on the hypocotyl length and root length of mung bean seedlings. Laser treatment leads to longer seedlings with an optimal exposure time of 2 min. Error bars represent standard deviations.

Increases of 4.3% and 10.5% are noted for 1 and 2 min exposure intervals, respectively, with the maximum average root length measured at 90.6 mm for 2 min. 5 and 10 min exposures yield lower increases of 8.2% and 2%, respectively. As with experimental results for hypocotyl length, the enhancement in root development is lower than that observed when irradiating seeds at 632.8 nm.

Mean values of hypocotyl length and root length of mung bean seedlings resulting from different laser irradiation times are presented in Table 1. In terms of hypocotyl length, all exposure times for both 632.8 nm and

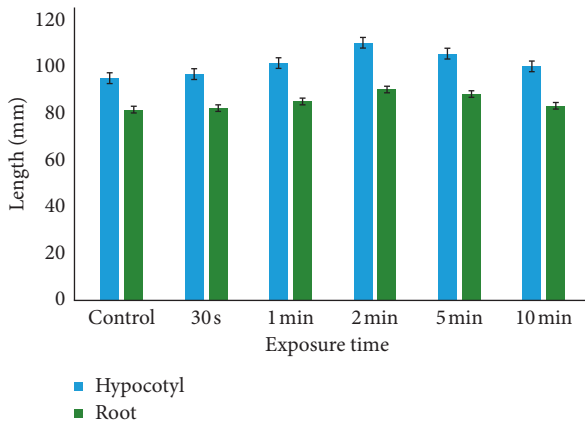


FIGURE 4: Effect of laser irradiation at $\lambda = 488$ nm on the hypocotyl length and root length of mung bean seedlings. Lengths are improved after laser treatment, with an optimal exposure time of 2 min. Error bars represent standard deviations.

488 nm lead to statistically different values with respect to control seedlings from unexposed seeds. He-Ne laser irradiation caused a significant difference in the root length of mung bean seedlings, excluding the 10 min exposure interval. No significant difference was observed among the root lengths of mung bean seedlings as a result of seed irradiation with an Ar^+ laser. Govil et al. [19] reported a significant effect on the root length of mung bean seedlings arising from Ar^+ laser exposure at $\lambda = 514.5$ nm with an output power of 1 W. Enhancement from laser biostimulation has been established to be dependent on the applied wavelength, irradiation time, and irradiation dose [12]. Better results with the He-Ne laser are attributed to mung bean photoreceptor phytochromes having more sensitivity to red light [12]. Despite seeds having a lower reflectance at 488 nm, the enhanced phytochrome response at 632.8 nm is the dominant factor in terms of promoting seedling development. Phytochromes are known to absorb blue light weakly, but the two photoreversible forms Pr and Pfr absorb more red light [39].

Our results for the improvement in hypocotyl length due to seed biostimulation with laser light are consistent with reports in the literature. Podlešny et al. [16] discussed the positive effects on the elongation of hypocotyls of white lupine and faba bean, while Drozd and Szajsner [40] observed an elongation of the hypocotyl of cucumber. In addition, Urva et al. [26] noticed an increase in the shoot length of *Moringa oleifera* effected by laser irradiation. On the positive influence of He-Ne irradiation on the root development of mung bean, Metwally et al. [41] recorded a significant increase in root length of *Celosia argentea*, while Qiu et al. [27] reported longer roots of wheat seedlings. Podlešny et al. [16] also observed a significant difference in the root length of white lupine and faba bean between treated and untreated seeds. Chen and Han [36] found that low doses of He-Ne laser light promote plant height and root length of 5-day-old wheat seedlings. Due to a rise in seed internal energy as a result of laser irradiation, accelerated enzyme activity promotes cell division during seed germination [4].

TABLE 1: Mean values of hypocotyl length and root length of 5-day-old mung bean seedlings after laser pretreatment of seeds at $\lambda = 632.8$ nm and $\lambda = 488$ nm.

Exposure time	He-Ne laser ($\lambda = 632.8$ nm)		Ar^+ laser ($\lambda = 488$ nm)	
	Hypocotyl length (mm)	Root length (mm)	Hypocotyl length (mm)	Root length (mm)
0 s (control)	95.443 ^a	81.936 ^a	95.443 ^a	81.936 ^a
30 s	108.766 ^{bc}	89.319 ^{ab}	97.183 ^{ab}	82.562 ^a
1 min	115.403 ^c	90.829 ^{ab}	101.914 ^{abc}	85.444 ^a
2 min	116.925 ^c	105.529 ^c	110.647 ^c	90.572 ^a
5 min	114.358 ^c	99.793 ^{bc}	105.981 ^{bc}	88.623 ^a
10 min	101.075 ^{ab}	88.688 ^a	100.529 ^{ab}	83.583 ^a

Means with different superscripts in the same column are statistically different at $p = 0.05$.

In Figures 5 and 6, we show how seedling mass is enhanced via laser irradiation of seeds at $\lambda = 632.8$ nm and $\lambda = 488$ nm, respectively. Behavior at different exposure times is plotted vs. hours of plant growth. With seed treatment at $\lambda = 632.8$ nm (Figure 5), all irradiated samples exhibited larger masses compared to the control seeds, within a 12 to 120 h period of development. Exposure of seeds for 2 min created an optimal increase in mass for plant growth after 24 h. After 120 h, seedlings from the 2 min irradiation batch had an average mass increase of 13.9 g, a 29.2% improvement relative to the untreated plants. Lower improvements in mass are measured for longer exposure times: 18.3% and 4% for 5 and 10 min, respectively.

For the data obtained after irradiation at 488 nm (Figure 6), similar behavior is seen, with irradiated seeds developing into heavier plants regardless of exposure time, within a growth period of 12 to 120 h. 2 min is still the best exposure time at this wavelength. The mean mass increase of seedlings from the 2 min exposure treatment is 12.4 g, which is larger than the average additional mass of untreated plants by 15.5%. 5 and 10 min irradiation intervals generate increases of only 8.4% and 5.9%, respectively.

Table 2 provides a summary of average seedling mass increase for laser treatment of seeds at $\lambda = 632.8$ nm. Each column contains data for a specific period of growth, from 12 to 120 h. In every column, the difference in seedling mass is statistically significant for all exposure times, with respect to the unexposed seeds. The only exception is the 72 h period for seeds that underwent 30 s of laser irradiation. Values for mass increase in seedlings from seeds illuminated with laser light at 488 nm are also statistically different from that of control plants, as detailed in Table 3. A sole exception is the data for 30 s exposure after 48 h of growth.

The increase in mass of mung bean seedlings is attributed to faster water uptake and metabolic processes in treated seeds, as noted by Krawiec et al. [38] in their study involving improved radicle length and dry weight of scorzonera seedlings brought about by laser stimulation. Our results agree with the observations by Podlešny et al. [16] regarding the influence of laser irradiation on the mass of germinating

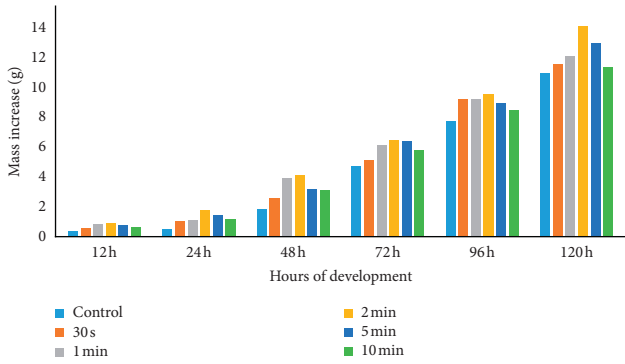


FIGURE 5: Enhancement of seedling mass due to laser irradiation at $\lambda = 632.8$ nm vs. hours of plant growth. Results for different exposure times are plotted at each time interval.

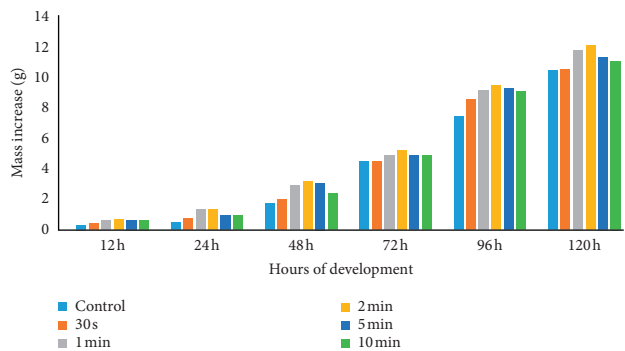


FIGURE 6: Enhancement of seedling mass due to laser irradiation at $\lambda = 488$ nm vs. hours of plant growth. Results for different exposure times are plotted at each time interval.

TABLE 2: Mean increase of seedling mass at each growth interval for different exposure times at $\lambda = 632.8$ nm.

Time of exposure	Mass increase (g)					
	12 h	24 h	48 h	72 h	96 h	120 h
Control	0.333 ^a	0.500 ^a	1.800 ^a	4.600 ^a	7.633 ^a	10.733 ^a
30 s	0.533 ^{ab}	1.033 ^b	2.533 ^b	5.000 ^a	9.033 ^b	11.366 ^{ab}
1 min	0.800 ^{bc}	1.100 ^b	3.866 ^d	6.000 ^{bc}	9.066 ^b	11.900 ^{bc}
2 min	0.866 ^c	1.733 ^d	4.066 ^d	6.366 ^c	9.366 ^b	13.866 ^d
5 min	0.733 ^{bc}	1.400 ^c	3.133 ^c	6.266 ^c	8.766 ^{ab}	12.700 ^c
10 min	0.633 ^{ac}	1.133 ^b	3.066 ^c	5.666 ^b	8.300 ^{ab}	11.166 ^{ab}

Means with different superscripts in the same column are statistically different at $p = 0.05$.

TABLE 3: Mean increase of seedling mass at each growth interval for different exposure times at $\lambda = 488$ nm.

Time of exposure	Mass increase (g)					
	12 h	24 h	48 h	72 h	96 h	120 h
Control	0.333 ^a	0.500 ^a	1.800 ^a	4.600 ^a	7.633 ^a	10.733 ^a
30 s	0.466 ^{ab}	0.766 ^b	2.033 ^a	4.633 ^{ab}	8.800 ^b	10.833 ^{ab}
1 min	0.633 ^b	1.367 ^c	3.000 ^c	5.033 ^c	9.367 ^b	12.100 ^{cd}
2 min	0.700 ^b	1.400 ^c	3.267 ^c	5.333 ^c	9.733 ^b	12.400 ^d
5 min	0.667 ^b	1.000 ^b	3.167 ^c	5.000 ^{bc}	9.500 ^b	11.633 ^{bcd}
10 min	0.667 ^b	0.967 ^b	2.467 ^b	5.033 ^c	9.333 ^b	11.367 ^{ac}

Means with different superscripts in the same column are statistically different at $p = 0.05$.

seeds of faba bean and white lupine, with treated seeds growing in mass more quickly during imbibition compared to the control samples.

Laser pretreatment of seeds shows promise as a viable method for increasing mung bean productivity. The straightforward optical design involved in our method for enhancing plant development using laser radiation may be easily adapted for use in large-scale farming operations. An examination of laser irradiation of rice (*Oryza sativa*) seeds would be an interesting continuation of this work.

4. Conclusion

We have demonstrated how pretreatment of seeds via laser irradiation at $\lambda = 632.8$ nm and $\lambda = 488$ nm enhances the growth and development of *Vigna radiata* L. Experiments with our simple optical system have led to improvements in hypocotyl length and root length of mung bean seedlings by as much as 22.5% and 28.8%, respectively, in comparison with untreated control samples. The mass of 5-day-old seedlings was also increased by a maximum of 29.2%. Ideal results for all seedling parameters were obtained with an optimal irradiation time of 2 min.

Data Availability

The data on enhanced seedling characteristics used to support the findings of this study are available from the corresponding author upon request.

Disclosure

R. A. Guerrero is a recipient of the Rev. Francis J. Heyden, S. J. Professorial Chair in Physics. R. V. B. Janayon is a scholar under the Commission on Higher Education Faculty Development Program-Phase II.

Conflicts of Interest

The authors declare that there are no conflicts of interest regarding the publication of this paper.

Acknowledgments

Assistance during the initial stages of experiments was provided by T. A. R. Conde. Statistical analysis was performed with the help of I. J. Aldema and A. P. Sumobay. The authors thank M. D. Dengal for her help with certain illustrations. Some equipment was purchased through a grant provided by the Philippine Council for Industry, Energy and Emerging Technology Research and Development (PCIEERD).

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